

Services

Conditions Treated

The conditions treated by Superior Rehabilitation in Metairie, Louisiana include, but are not limited to, the following:

Neck and Back (Lumbar, Thoracic and Cervical)

Cervical & Lumbar Strains/Sprains
Herniated & “Bulging” Discs
“Sciatica”/Radiculopathy
Facet Impingement/Inflammation
Spondylosis/Arthritis (degeneration)
Spondylolysis (fracture)
Spondylolisthesis (if you have it you know it!)
Vertebral Fractures

Shoulder

Rotator Cuff Tendonitis
Rotator Cuff Tears (partial/full thickness) & Repairs/Revisions
Glenoid Labrum (SLAP and Bankart) Repairs/Revisions
Biceps Tendonitis
Adhesive Capsulitis/Frozen Shoulder
Biceps Tendon Tears & Repairs
Anterior Capsular Shift/Thermal Capsulorrhaphy
Total Shoulder Replacement
Open Reduction Internal Fixation (ORIF) of the Humerus
Proximal Humerus Fractures

Knee

ACL/MCL/PCL Reconstructions
Meniscal Repairs
Total Knee Arthroplasty/Replacement
Knee Arthroscopy
Patello Femoral Pain Syndrome
Arthritis (Osteo & Rheumatoid)
IT Band Tendonitis
Patellar Tendonitis

Ankle and Foot

Lateral and Medial Ankle Sprains
Stress Fractures
Tibia/ Fibula / Foot Fractures
Total Ankle Arthroplasty/Replacement
Ankle Arthroscopy
Posterior Tibial Tendonitis/“Shin Splints”

Elbow, Wrist and Hand

Ulnar Collateral Ligament Reconstruction (Tommy John Surgery)
Lateral Epicondylitis (Tennis Elbow)
Medial Epicondylitis (Golfer’s Elbow)
Carpal Tunnel Release
Open Reduction Internal Fixation (ORIF) of the Ulna, Radius & Hand bones
Total Joint Arthroplasty/Reconstruction

Hip

Total Hip Arthroplasty/Replacement
Hip Arthroscopy/Acetabular Labrum Tears & Repairs
Trochanteric Bursitis
Iliotibial Band (IT Band) Tendonitis
Osteoarthritis
Muscle Strains
Open Reduction Internal Fixation (ORIF) of the Femoral Shaft/Neck
Femoroacetabular Impingement